



COLORADO

Office of Behavioral Health

Department of Human Services

COLORADO STATE INNOVATION MODEL (SIM) GRANT

The Colorado SIM Grant goal is to improve the health of Coloradans by providing access to integrated physical and behavioral health care services. Between February 2015 and January 2019, the State of Colorado will receive up to \$65 million from the Federal government's Center for Medicare and Medicaid Innovation (CMMI) to implement and test its proposed model for this innovative approach to health care. The governor's office will establish standards for, coordinate, and ensure the fulfillment of the SIM initiative. To advance SIM-based healthcare integration, the Office of Behavioral Health is tasked with developing and dispersing professional behavioral health education and guidelines.

Role of the Colorado Office of Behavioral Health in SIM

For Medical Providers

Provide Best Practice Guidelines for Use of Psychotropic Medications with Children in cooperation with the Medical Director of the Office of Children, Youth, and Family, including these activities:

- Distribute State guidelines for psychotropic medication use with children to all medical practices involved in child welfare, particularly those serving a Medicaid population
- Produce informational webinars/presentations on the State guidelines that will be made available to all SIM practices, practices serving children in foster care, and those identified by the Children's Health Access Plan
- Publicize and promote the value of the resources made available by Colorado Psychiatric Access and Consultation for Kids, in addition to other psychiatric consultation resources
- Identify or create a psychotropic prescription report for children receiving Medicaid assistance

(Target Completion date: December 2016)

Develop online courses/webinars/presentations for primary care practices on

- **Substance Use Disorders** (Target Completion date: January 2017)
 - Introduce and provide overview of substance use disorders, motivational interviewing, and medication-assisted treatment of opioid abuse
 - Identify or create a substance treatment referrals report
- **Trauma and Trauma-related Issues** (Target Completion date: September 2017)
 - Conduct a focus group with medical practices to determine the best format and content orientation for this trauma education
- **Senior Behavioral Health Issues and Interventions** (Target Completion date: December 2017)
 - Introduce and provide overview of the symptoms of, and treatment options for, age-specific behavioral health disorders, including best practices
 - Publicize the Colorado Senior Reach Program as a resource and identify other potential resources

Publicize and enhance the use of “A Mother’s Connection” program

(mothersconnection.com) to address substance use and abuse during pregnancy. This task includes distributing educational materials, and making educational presentations available to integrated healthcare practices. (Target Completion date: August 2016)

Publicize and enhance the use of the Screening, Brief Intervention, and Referral to Treatment (SBIRT) program to assist in reducing the unhealthy use of alcohol and drugs.

This task will include practice-site training in the use of SBIRT, along with identification of SBIRT resource materials. Additionally, OBH will develop an online directory of treatment resources to assist practices in referring SBIRT-identified patients. (Target Completion date: December 2017)

Publicize and enhance the use of the Coordinated Specialty Care for First Episode

Psychosis program (FEP) to provide early intervention with evidence-based therapies that offer hope for clinical and functional recovery for adolescents and young adults. This task will include practice-site training in the use of FEP, along with identification of FEP resource materials. OBH will develop an online directory of treatment resources to assist practices in referring FEP-identified patients. (Target Completion date: December 2017)

For Behavioral Health Professionals and Staff

Publicize and promote Colorado’s behavioral health resources through the distribution of resource materials and presentations to SIM care coordinators and behavioral health specialists to help them navigate Colorado’s resource pool. (Target Completion date: January 2018)

Develop a certificate for integrated behavioral health staff, including these tasks:

- Convene a workgroup to determine the process for obtaining the Integrated Behavioral Healthcare certificate
- Create and describe the certificate process. (Target Completion date: January 2018)
- Ensure that behavioral health staff are able to complete the initial certificate process by December 31, 2018

Develop Best Practice Guidelines for Behavioral Health Professionals in Integrated

Healthcare Settings based on accepted professional research and best practice standards. Include core competencies developed by the SIM Workforce Committee and information gathered by survey of and interviews with current integrated healthcare staff. (Target Completion date: September 2018)

Convene a Best Practices Symposium to formally share the Best Practice Guidelines and the Integrated Behavioral Health Certificate process. The audience will be behavioral health practitioners and consultants involved in primary healthcare. (Target Completion date: December 2018)

For more information, contact

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