

Protective Factors Associated with Bullying & Substance Use & Suicide

2013 Healthy Kids Colorado Survey

High School Students



COLORADO
Department of Public
Health & Environment

Bullied at School

<u>Protective Factor</u>	<u>Bullied at School (%)</u>
Grades mostly A's and B's in past year	
Yes	19.1*
No	22.9
Participate in extracurricular activities	
Yes	20.3
No	19.5
Could ask parent for help if had personal problem	
Yes	17.0*
No	30.9

*Indicates there is a statistically significant difference between populations

Bullied at School

<u>Protective Factor</u>	<u>Bullied at School (%)</u>
Volunteered 1+ times in past 30 days	
Yes	21.7*
No	18.4
Agree teachers care and encourage the student	
Yes	15.9*
No	25.8
Have someone to go to for help with a serious problem	
Yes	18.0*
No	28.0

*Indicates there is a statistically significant difference between populations

Current Smoking

<u>Protective Factor</u>	<u>Current Smoking (%)</u>
Grades mostly A's and B's in past year	
Yes	7.0*
No	20.6
Participate in extracurricular activities	
Yes	7.4*
No	16.8
Could ask parent for help if had personal problem	
Yes	7.9*
No	19.2

*Indicates there is a statistically significant difference between populations

Current Smoking

<u>Protective Factor</u>	<u>Current Smoking (%)</u>
Volunteered 1+ times in past 30 days	
Yes	9.1*
No	11.9
Agree teachers care and encourage the student	
Yes	7.3*
No	15.6
Have someone to go to for help with a serious problem	
Yes	9.1*
No	17.3

*Indicates there is a statistically significant difference between populations

Binge Drinking

<u>Protective Factor</u>	<u>Binge Drinking (%)</u>
Grades mostly A's and B's in past year	
Yes	13.9*
No	23.4
Participate in extracurricular activities	
Yes	14.9*
No	19.3
Could ask parent for help if had personal problem	
Yes	13.7*
No	25.7

*Indicates there is a statistically significant difference between populations

Binge Drinking

<u>Protective Factor</u>	<u>Binge Drinking (%)</u>
Volunteered 1+ times in past 30 days	
Yes	16.0
No	17.4
Agree teachers care and encourage the student	
Yes	12.8*
No	22.5
Have someone to go to for help with a serious problem	
Yes	15.4*
No	22.5

*Indicates there is a statistically significant difference between populations

Current Marijuana Use

<u>Protective Factor</u>	<u>Current Marijuana Use (%)</u>
Grades mostly A's and B's in past year	
Yes	14.6*
No	33.0
Participate in extracurricular activities	
Yes	16.1*
No	26.0
Could ask parent for help if had personal problem	
Yes	16.6*
No	28.9

*Indicates there is a statistically significant difference between populations

Current Marijuana Use

<u>Protective Factor</u>	<u>Current Marijuana Use (%)</u>
Volunteered 1+ times in past 30 days	
Yes	16.9*
No	21.9
Agree teachers care and encourage the student	
Yes	14.9*
No	26.7
Have someone to go to for help with a serious problem	
Yes	17.6*
No	28.2

*Indicates there is a statistically significant difference between populations

Prescription Drug Misuse

<u>Protective Factor</u>	<u>Prescription Drug Misuse (%)</u>
Grades mostly A's and B's in past year	
Yes	11.3*
No	21.4
Participate in extracurricular activities	
Yes	12.0*
No	17.8
Could ask parent for help if had personal problem	
Yes	10.9*
No	24.5

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Prescription drug misuse is defined as use of a prescription drug without a prescription.

Prescription Drug Misuse

<u>Protective Factor</u>	<u>Prescription Drug Misuse (%)</u>
Volunteered 1+ times in past 30 days	
Yes	13.0
No	13.3
Agree teachers care and encourage the student	
Yes	10.1*
No	17.5
Have someone to go to for help with a serious problem	
Yes	11.3*
No	21.0

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Prescription drug misuse is defined as use of a prescription drug without a prescription.

Other Illicit Drug Use

<u>Protective Factor</u>	<u>Other Illicit Drug (%)</u>
Grades mostly A's and B's in past year	
Yes	9.9*
No	22.6
Participate in extracurricular activities	
Yes	10.7*
No	18.2
Could ask parent for help if had personal problem	
Yes	9.6*
No	25.7

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Other illicit drug use is defined as use of cocaine or inhalants or heroin or methamphetamines or ecstasy one or more times.

Other Illicit Drug Use

<u>Protective Factor</u>	<u>Other Illicit Drug (%)</u>
Volunteered 1+ times in past 30 days	
Yes	11.9
No	12.0
Agree teachers care and encourage the student	
Yes	8.4*
No	17.0
Have someone to go to for help with a serious problem	
Yes	9.7*
No	21.3

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Other illicit drug use is defined as use of cocaine or inhalants or heroin or methamphetamines or ecstasy one or more times.

Sad or Hopeless

<u>Protective Factor</u>	<u>Sad or Hopeless (%)</u>
Grades mostly A's and B's in past year	
Yes	22.9*
No	34.9
Participate in extracurricular activities	
Yes	23.2*
No	31.6
Could ask parent for help if had personal problem	
Yes	19.9*
No	47.1

*Indicates there is a statistically significant difference between populations

Felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months.

Sad or Hopeless

<u>Protective Factor</u>	<u>Sad or Hopeless (%)</u>
Volunteered 1+ times in past 30 days	
Yes	21.7
No	22.8
Agree teachers care and encourage the student	
Yes	16.3*
No	31.4
Have someone to go to for help with a serious problem	
Yes	18.3*
No	39.6

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Felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months.

Attempted Suicide

<u>Protective Factor</u>	<u>Attempted Suicide (%)</u>
Grades mostly A's and B's in past year	
Yes	4.8*
No	12.2
Participate in extracurricular activities	
Yes	5.6*
No	9.0
Could ask parent for help if had personal problem	
Yes	4.2*
No	15.4

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Attempted Suicide

<u>Protective Factor</u>	<u>Attempted Suicide (%)</u>
Volunteered 1+ times in past 30 days	
Yes	6.4
No	6.2
Agree teachers care and encourage the student	
Yes	3.8*
No	10.0
Have someone to go to for help with a serious problem	
Yes	4.4*
No	14.4

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