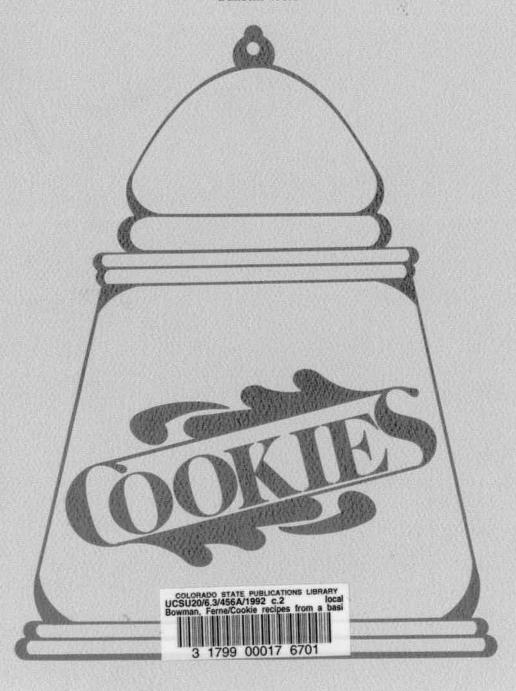
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C A BASIC MIX FOR
HIGH ALTITUDES

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Cookie Recipes from A Basic Mix for High Altitudes

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Cookie Recipes from a Basic Mix for High Altitudes

Cookies made from the Basic Cookie Mix are:

- easy to prepare.
- simple to store.

When you make the Basic Cookie Mix:

- select the cookie mix recipe nearest your altitude.
- use standard measuring cups and spoons to measure ingredients.
- sift flour, then spoon it lightly into measuring cup.
- level cupfuls and spoonfuls with a straight-edge knife or spatula. Do not tap.
- press shortening firmly into cup during measuring.
- mix ingredients after they reach room temperature.

Cookies will be a success if you:

- preheat oven to recommended temperature.
- stir mix with a fork and then measure it. Spoon mix lightly into measuring cup. Do not pack it.
- measure other ingredients carefully.
- blend ingredients with your electric mixer or use your favorite mixing bowl and a wooden spoon or a pastry blender.

Cookies made from the Basic Cookie Mix are:

- a short cut for busy homemakers.
- a treat for family and friends.
- a quick way to prepare sweets.
- a simple means to vary menus.
- a bonus to family meals and snacks.

Basic Cookie Mix

	5,000 feet	7,500 feet	10,000 feet
Sifted all purpose	e		
flour	9 cups	9 cups	9 cups
Nonfat dry milk	3 cups	3 cups	3 cups
Baking powder	3 tablespoons	2 tablespoons plus 3/4 teaspoon	1 tablespoon plus 1-1/2 teaspoons
Salt Hydrogenated shortening or	1 tablespoon	1 tablespoon	1 tablespoon
margarine	4 cups	4 cups	4 cups
Sugar	4 cups	4 cups	4 cups

- 1. Mix flour, dry milk, baking powder and salt. Sift together two times.
- 2. Soften shortening in a large bowl (6 quarts or more), using a large wooden spoon or medium speed on an electric mixer. Gradually add sugar and continue mixing until light and fluffy.
- 3. Add dry ingredients gradually. Blend thoroughly, using low speed on an electric mixer (or cut in by hand with a pastry blender) until like coarse commeal.
- 4. Store in large canister at room temperature. Mix will keep several weeks.



Cherry Drops

- 3 cups cookie mix
- 2 eggs
- 1/2 cup chopped pecans
- 1/2 cup drained, coarsely chopped maraschino cherries
- 1. Blend cookie mix and eggs. Add cherries and nuts.
- 2. Drop by teaspoonful onto ungreased cookie sheet.
- 3. Bake at 375 degrees for 10 to 12 minutes.
- 4. Remove to rack to cool.

Makes 3-1/2 to 4 dozen 2-inch cookies.



Lemon Drops

- 2 cups cookie mix
- 1 egg
- 1 tablespoon lemon juice
- 1-1/2 teaspoons lemon rind
- 1. Blend all ingredients thoroughly.
- 2. Drop by teaspoonful onto ungreased cookie sheet.
- 3. Bake at 375 degrees for 10 to 12 minutes.
- 4. Remove to rack to cool.

Makes 2-1/2 dozen 1-1/2-inch cookies.

Chocolate Drops

- 2 cups cookie mix
- 3 tablespoons cocoa
- 1 egg
- 2 tablespoons water
- 1 teaspoon vanilla
- 1/2 cup chopped walnuts
- 1. Blend all ingredients thoroughly, adding nuts last.
- 2. Drop by teaspoonful onto ungreased cookie sheet.
- 3. Bake at 375 degrees for 10 to 12 minutes.
- 4. Remove to rack to cool.

Makes 3 dozen 1-1/2-inch cookies.



3

Thumbprints

2	cups cookie mix
4	ounces cream cheese
	(1/2 large package)
3/4	teaspoon vanilla
1	egg white, slightly
	beaten
3/4	cup finely chopped nuts
9	maraschino cherries,
	cut in fourths

- Soften cream cheese. Add cookie mix and vanilla. Blend thoroughly.
- 2. Roll into small balls about 1 inch in diameter. Dip into slightly beaten egg white, then roll in nuts.
- 3. Place on greased cookie sheet and press top of each cookie with thumb.
- 4. Bake at 350 degrees for 5 minutes or until puffy.
- Remove from oven and quickly press top of each cookie with thumb.
- 6. Return to oven and bake about 10 minutes longer.
- 7. Remove to rack to cool.
- 8. Place 1/4 maraschino cherry in center of each cookie.

Makes 2-1/2 to 3 dozen 1-1/2-inch cookies.

Peanut Butter Cookies

- 4 cups cookie mix
 1/2 cup brown sugar
 1 cup peanut butter
 1 egg
 1-1/2 teaspoon vanilla
 1 tablespoon water
- 1. Blend all ingredients thoroughly.
- Make small balls out of dough. Place on ungreased cookie sheet and flatten with tines of fork.
- 3. Bake at 375 degrees for 10 to 12 minutes.
- 4. Remove to rack to cool.

Makes 7 dozen 1-1/2-inch cookies.



Chocolate Chip Cookies

- 4 cups cookie mix
 1 egg
 2 tablespoons water
 1-1/2 teaspoons vanilla
 1/4 cup brown sugar
 1 cup (6-ounce package)
 semisweet chocolate
 pieces
 1 cup chopped walnuts
- 1. Blend all ingredients thoroughly, adding chocolate pieces and nuts last.
- 2. Drop by teaspoonful onto ungreased cookie sheet.
- 3. Bake at 375 degrees for 10 to 13 minutes.
- 4. Remove to rack to cool.

Makes 5 dozen 2-inch cookies.

Coconut Supreme

- 2 cups cookie mix
- 1 egg
- 2 tablespoons water
- 1 teaspoon vanilla
- 1/2 cup shredded coconut
- 1/2 cup chopped walnuts
- 1. Blend all ingredients thoroughly, adding coconut and nuts last.
- 2. Drop by teaspoonful onto lightly greased cookie sheet.
- 3. Bake at 375 degrees for 12 to 15 minutes.
- 4. Remove to rack to cool.

Makes 3 dozen 1-1/2- to 2-inch cookies.



Crisp Chocolate Drops

- 4 ounces (4 squares) semisweet chocolate, melted
- 2 tablespoons water
- 2 cups cookie mix
- 1 teaspoon vanilla
- 1/2 cup chopped nuts
- 1. Melt chocolate over hot water.
- 2. Blend all ingredients thoroughly, adding nuts last.
- 3. Drop by teaspoonful onto ungreased cookie sheet.
- 4. Bake at 375 degrees for 10 to 12 minutes.
- 5. Remove to rack to cool.

Makes 3 to 3-1/2 dozen 1-1/2-inch cookies.

Date-Layer Bars

- 3 cups cookie mix
- 1-3/4 cups quick-cooking oats
- 1 pound chopped dates
- 1 tablespoon lemon juice
 - 1-1/2 cups water
 - 1/4 cup brown sugar
 - 2 tablespoons water, for topping
 - 1. Combine cookie mix and quick-cooking oats. Press 2-1/2 cups of the crumb mixture into greased 13 by 9 by 2-inch pan.
- 2. Combine dates, lemon juice and water. Cook on low heat until the mixture is the consistency of thin jam. Spread over crumb mixture in pan.
- 3. Blend brown sugar and the 2 tablespoons of water into the remaining crumb mixture. Sprinkle over top and press down lightly.
- 4. Bake at 350 degrees for approximately 30 to 35 minutes.
- 5. Cool and cut into bars.

Makes 48 bars 1 by 2 inches.

Chewy Date-Nut Bars

- 3 cups cookie mix2 tablespoons water
- 2 eggs
- 1/4 cup brown sugar
- teaspoon vanilla cup chopped dates
- 1 cup coarsely chopped walnuts
- 1. Blend all ingredients thoroughly, adding dates and nuts last.
- 2. Turn into greased 13 by 9 by 2-inch pan.
- 3. Bake at 360 degrees for 35 to 40 minutes.
- 4. Cool and cut into bars.

Makes 48 bars 1 by 2 inches.

Pecan Bars

Bottom Layer

- 2 cups cookie mix
- 2 tablespoons water
- l egg

Topping

- 2 eggs
- 1 cup brown sugar, firmly packed
- 1/4 cup cookie mix
- 1/2 teaspoon vanilla
- 1/2 teaspoon vanilla
 1 cup chopped pecans
- 1. Blend 2 cups cookie mix, water and egg thoroughly. Spread in greased 13 by 9 by 2-inch pan.
- 2. Bake at 375 degrees for 8 to 10 minutes.
- 3. Beat 2 eggs until foamy. Add brown sugar, 1/4 cup cookie mix, then vanilla. Blend thoroughly. Add nuts.
- 4. Spread topping on baked layer.
- 5. Return to oven and bake at 350 degrees for 20 to 25 minutes.
- 6. Cook and cut into bars.

Makes 48 bars 1 by 2 inches.

Crispy Bars

Bottom Layer

- 2 cups cookie mix
- 1/4 cup brown sugar

Topping

- 2 eggs
- 1/4 teaspoon salt
- 3/4 cup brown sugar
- teaspoon vanilla
- eup shredded coconut
- 1 cup crisp rice cereal
- f cup walnuts
- 1. Combine cookie mix and 1/4 cup brown sugar. Press into greased 9-inch square pan.
- 2. Beat eggs until frothy and add salt.
- 3. Gradually add brown sugar, beating until thick.
- 4. Add vanilla, coconut, rice cereal and nuts. Mix thoroughly.
- 5. Spread topping over bottom layer in pan.
- 6. Bake at 325 degrees for 25 to 30 minutes.
- 7. Cook and cut into bars.

Makes 20 to 30 1-1/2 by 2-inch bars.

Cinnamon Cookies

- 2-1/2 cups cookie mix
- 1/2 cup sugar
- i egg
- 1 teaspoon vanilla
- 1-1/2 teaspoons cinnamon
- 1/4 cup finely chopped nuts
- 1. Combine cookie mix, sugar, egg and vanilla. Blend thoroughly.
- 2. Form dough into balls and roll in cinnamon and nut mixture.
- 3. Place on ungreased cookie sheet 2 inches apart.
- 4. Bake at 375 degrees for 12 to 15 minutes.
- 5. Remove to rack to cook.

Makes 3-1/2 dozen 2-inch cookies.

Molasses Cookies

- 4 cuos cookie mix
- 1/4 teaspoon ground cloves
- 1/2 teaspoon cinnamon
- 1/2 teaspoon ginger
- f egg
- 1/4 cup molasses
- 1. Blend all ingredients thoroughly.
- 2. Refrigerate dough for 1 hour.
- 3. Roll into balls and place on lightly greased cookie sheet.
- 4. Flatten cookies with bottom of glass covered with damp cloth.
- 5. Bake at 375 degrees for 8 to 10 minutes.
- 6. Remove to rack to cool.

Makes 5 to 6 dozen 2-inch cookies.



Sugar Cookies

- 3 cups cookie mix
 1 egg
 1/2 teaspoon almond extract
- 1. Blend all ingredients thoroughly.
- 2. Roll 1/8 to 1/4-inch thick and cut with cookie cutter.
- 3. Place on ungreased cookie sheet.
- 4. Bake at 375 degrees for 8 to 10 minutes.
- Remove to rack to cool. Sprinkle with granulated sugar or decorate as desired.

Makes 3 dozen 1 1/2-inch cookies.



Mincemeat Cookies

cups cookie mix
cup mincemeat
egg
teaspoon vanilla
tablespoon water
cup chopped walnuts

- 1. Blend all ingredients thoroughly, adding nuts last.
- 2. Drop by teaspoonful onto ungreased cookie sheet.
- 3. Bake at 375 degrees for 10 to 12 minutes.
- 4. Remove to rack to cool.

Makes 3 to 4 dozen 1-1/2-inch cookies.



Oatmeal Cookies

- cup cooked raisins 1/2 cup raisin water 2 cups cookie mix 1 cup quick-cooking oatmeal 2 tablespoons brown sugar 1/2 teaspoon cinnamon 1/2 teaspoon allspice egg 1-1/2 teaspoons vanilla cup chopped walnuts
- 1. Cover raisins with water and simmer for 5 minutes. Drain and save 1/2 cup raisin water.
- 2. Blend all ingredients thoroughly, adding nuts and raisins last.
- 3. Drop by teaspoonful onto ungreased cookie sheet.
- 4. Bake at 375 degrees for 13 to 15 minutes.
- 5. Remove to rack to cool.

Makes 3-1/2 to 4 dozen 2-inch cookies.

Brownies I

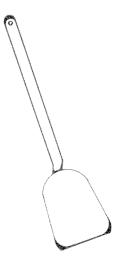
- 6 squares (6 ounces) semisweet chocolate, melted
- 2 cups cookie mix
- 2 eggs
- 1/4 cup water
- 2 teaspoons vanilla
- 1/2 cup chopped walnuts
- 1. Melt chocolate over hot water.
- 2. Combine ingredients and blend thoroughly, adding nuts last.
- 3. Spread in greased and floured 9-inch square pan.
- 4. Bake at 350 degrees for 25 to 30 minutes.
- 5. When slightly cool, cut into bars or squares.

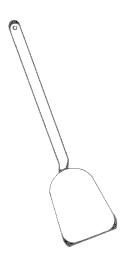
Makes 20 to 30 1-1/2 by 2-inch brownies.

Brownies II

- 2 squares (2 ounces) unsweetened chocolate, melted
- 2 cups cookie mix
- 2 eggs
- 1/2 cup brown sugar
- 1/4 cup water
- 2 teaspoons vanilla
- 1/2 cup chopped walnuts
- 1. Melt chocolate over hot water.
- 2. Blend all ingredients thoroughly, adding nuts last.
- 3. Spread in greased and floured 9-inch square pan.
- 4. Bake at 350 degrees for 25 to 30 minutes.
- 5. When slightly cool, cut into bars.

Makes 20 to 30 1-1/2 by 2-inch brownies.





Cookie Keepers

Jar

- 1. Cool cookies before storing.
- 2. Store crisp and soft cookies separately.
- 3. Keep crisp cookies in container with loose cover.
- Keep soft cookies in tightly covered container. If cookies tend to dry out, add piece of orange or apple, changing it frequently.

Freezer

- 1. Bake cookies and cool well.
- Place cookies gently in freezer bag, box or carton. If fragile, arrange cookies in container cushioned with waxed paper.
- 3. Store in freezer for as long as several months.
- 4. Thaw completely before removing from container.

