



Strengthening Behavioral Health Initiatives

Statewide Crisis Response System

- Improves access to the most appropriate resources and services as early as possible and promotes recovery for the individual
- Decreases the number of unnecessary involuntary civil commitments, utilization of hospital emergency departments, jails, and homeless programs for individuals experiencing a behavioral health emergency

Key Service Components

Statewide 24-Hour crisis help line: Staffed by skilled professionals and Peers to assess and make appropriate referrals to resources and treatment.

Vendor: Metro Crisis Services, Inc. (dba Rocky Mountain Crisis Partners, August 29, 2014)

Launched August 1, 2014

Utilization: Calls Received August 2014: 3,751

Cost: \$2,298,405 annually

Statewide awareness campaign and communication: Multi-media campaign/branding and communication to increase awareness of behavioral health illness and resources.

Vendor: Cactus Marketing Communications, Inc.

Launched June 6, 2014, Advertising Campaign Will Begin December 2014

Cost: \$600,000 annually

Walk-in crisis services / crisis stabilization unit(s): 24-hour urgent care services with capacity for immediate clinical intervention, triage, stabilization, and connection to services.

Mobile crisis services: 24-hour mobile crisis units with the ability to respond within one-hour in urban and two-hours in rural areas to a behavioral health crisis in the community for immediate clinical intervention, triage, stabilization, and connection to services.



Crisis Respite/Residential: A range of short-term crisis residential and respite services.

- Four Regions/Statewide with service to begin on or before December 1, 2014.
- **Vendors and Contract Amount for FY 2014-15:**
 - AspenPointe, Inc. (dba Southern Colorado Crisis Connection) (\$3,889,640)
 - Community Crisis Connection (\$8,509,960)
 - West Slope Casa, LLC (\$4,403,656)
 - Northeast Behavioral Health, LLC. (\$4,403,656)



Strengthening Behavioral Health Initiatives

Improved Community Capacity

- Addresses the State's current behavioral health system lack of funding and capacity to deliver a continuum of community-based treatment services most appropriate to consumer needs, in the appropriate, least restrictive and most independent community setting.
- Provide community living for individuals currently placed in inappropriate settings, including psychiatric hospitals, nursing homes, emergency rooms, and county jails.

Key Service Components

Assertive Community Treatment (ACT) – ACT teams are specialized to provide intensive services (clinical, emergency, rehabilitation, and support), emphasizing outreach, relationship-building, individualization of services, and recovery.

Vendor: Contracted with 17 Community Mental Health Centers

Utilization: FY2013-14 - 265 individuals served.

FY 2014-15 - 526 individuals expected to be served

Cost: FY 2013-14 - \$1,974,982 FY 2014 -15 - \$4,048,711

Intensive Community Reintegration - A model of community reintegration includes an intensive array of services, including residential services, for an annual average of 36 high needs behavioral health clients in the state mental health institutions. This approach includes a person-centered planning board that will identify each individual's needs in the community and ensure that those needs are met in order to enable the person to successfully transition to the community.

Vendor: Contract negotiated and signed by September 30, 2014, with Behavioral Health Inc. Services will begin by October 15, 2014.

Cost: FY 14-15 \$4,164,267 to serve an anticipated 142 individuals



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Housing Subsidy – Rent subsidy vouchers through the Division of Housing, to improve an individual’s stability, independence, and long-term treatment and recovery.

Utilization: FY 2013-14 - 145 individuals were successfully housed.

Transition Specialists to Facilitate Wraparound Services - Seven behavioral health transition specialists will facilitate community reintegration and manage funds for wraparound services that provide intensive case management and work to transition individuals from mental health Institutions to least restrictive settings (ALR, Housing/wrap-around, and ACT services).

Vendor: Behavioral Healthcare, Inc.

Utilization: FY 2013-14 - 15 individuals served

FY 2014-15 - 350 clients expected to be served



Strengthening Behavioral Health Initiatives

Increase Access to Mental Health Institute Civil Beds – Jail Based Restoration

- Reduce the number of restoration patients admitted to Colorado Mental Health Institute at Pueblo (CMHIP) and make available 22 beds for civilly committed individuals at CMHIP
- Inmates requiring inpatient level of care will still be served by CMHIP
- Save county sheriff departments' valuable time and resources by not requiring them to transport jail inmates from the Denver area to CMHIP

Key Service Components

Twenty-Two Bed Jail-Based Restoration Program in the Denver metro area

- Provides jail-based competency restoration services in a twenty-two bed unit at the Arapahoe County Detention Facility, known as the RISE Program (Restoring Individuals Safely and Effectively). The RISE program treats defendants from county jails in: Broomfield, Denver, Jefferson, Arapahoe, Adams, Douglas, Weld, Larimer and Boulder counties.
 - Competency restoration services began for the RISE Program on November 1, 2013.
 - The RISE Program operates at a 56% lower cost per day than the State Mental Health Institutes.

Utilization: To-date, the RISE Program has served 68 individuals and has a length of stay for restoration of 37 days, which is significantly lower than the length of stay for restoration at the Colorado Mental Health Institute at Pueblo.

Vendor: GEO Care, LLC

Cost: FY 2013-14 - \$2,054,819 FY 2014 -15 - \$2,505,495



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Strengthening Behavioral Health Initiatives

Trauma-Informed Care

- Improves patient outcomes through the implementation of a researched best practices trauma informed care approach to BH services
- Includes assessing clients for trauma and adverse experiences, understanding the impact of trauma on mental health and substance abuse disorders, incorporating the treatment of trauma at all levels of service delivery and utilizing peer support to improve patient outcomes within the mental health institutes as well as the community BH providers
- Endorsed by the federal Substance Abuse and Mental Health Services Administration (SAMHSA)

Key Service Components

Trauma support groups: Networks for individuals with lived experience with trauma will be available to work with individuals in need in order to help them through the healing process.

- Additional Trauma Informed Clinicians - 2 at Ft. Logan and, 5 at Pueblo to provide trauma-specific support groups and individual therapy.

Peer Support Specialists: A select group of individuals who are in recovery will be available within the State's mental health institutes to provide supports to those experiencing mental health crises. CDHS contracted with Behavioral Healthcare Inc. to provide peers for both institutes.

- Peer Support Specialists - 2 at Ft. Logan and 4 at Pueblo.

De-Escalation Rooms: A series of remodeled rooms at the mental health institutes designed to allow someone experiencing an escalated crisis to



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calm themselves. The rooms include calming colors and music, and are used in place of restraints and/or seclusion rooms.

- De-escalation rooms - 3 at Ft. Logan and 5 at Pueblo.

Cost: FY 2013-14 - \$911,865

FY 2014 -15 - \$846,284